



PSHE LONG-TERM OVERVIEW 2025-2026 – KEY STAGE 5



	Autumn 1 Transition	Autumn 2 Citizenship	Spring 1 Risk and the real world	Spring 2 Financial literacy	Summer 1 Financial literacy	Summer 2 UCAS and Careers
Year 12	Transition into life as a Sixth Form student, opportunity and support available with a focus on folder organisation and the A-Level mindset. Students will hear from alumni on an introduction to Higher Education and Apprenticeships and have a chance to bond on a walk in Nonsuch Park.	What constitutes being a good citizen as we get older with a focus on healthy discussions through Philosophy for Children, an exploration in use of AI and the psychology of the bystander effect.	How students can keep themselves safe. Staying safe on nights out, and a focus on picture sharing, pornography and OnlyFans. Examining drugs, alcohol and vaping though an external speaker, and a revisit of sexual health and contraception.	Students will start looking ahead at finance and mortgages and compare renting to purchasing a house. Students will hear from guest speakers regarding investment banking and students will start working on CVs and cover letters in preparation for applying for work experience.	Students will hear from a speaker from the Bank of England to broaden their financial awareness and another regarding their experience of researching into medical ethics. Year 12 EXAMS	UCAS Applications and student logons. Personal statements guidance and support.

	Autumn 1 Setting yourself up for success	Autumn 2 Living in a tech world	Spring 1 Personal care	Spring 2 Independence	Summer 1 Looking Ahead	
Year 13	A focus on settling back into life as a Sixth Form student, hearing from alumni sharing their wisdom on making Year 13 a success. St John Ambulance lead a session on First Aid skills and students will hear from Mr Williamson (HE coordinator) on student finance and bursaries in preparation for university. Students will also have a chance to bond on a walk in Nonsuch Park.	Students have a series of sessions debating the rise of the use of AI and whether they should delete their social media. There is also a focus on how to conduct healthy discussions through Philosophy for Children.	Students increase their awareness of Breast and Testicular Cancer and take a deeper look into Female Health and the menopause. MOCK EXAMS	Final post-18 discussions on selecting Conditional Firm and Insurance choices in UCAS and looking ahead to A level results day. Students will revisit healthy eating, eating on a budget, and taking care of themselves away from home.	As students prepare to leave school they find out what uni 'is really like' from alumni and prepare for their end of term assemblies and celebration events.	Exam Leave