October 2026

Year 7 newsletter

Dear parents and carers,

Following a busy and rewarding first half term, I would like to take the opportunity to congratulate our Year 7 students on a fantastic start to secondary school.
They have embraced new routines, subjects and opportunities with enthusiasm and maturity.
Thank you also to parents and carers for your continued support and for attending our recent Year 7 Information Evening.
*A note regarding attendance: each half term, we award a **Golden Ticket** to the tutor group that achieves the best overall attendance and behaviour scores. This special recognition celebrates students who consistently demonstrate positive attitudes, excellent conduct and a commitment to being in school every day. The competition has been fierce this half term, with all forms working hard to earn valuable points. Congratulations to our winning tutor group for their outstanding effort, teamwork and dedication. Their achievement is a fantastic reflection of the high standards they have set throughout the term.*
Thank you for being part of such a positive start to Year 7. Have a wonderful half term, and I look forward to welcoming everyone back refreshed and ready for another exciting term.
Warm regards,
Mrs C Haskins, Head of Year 7

Key dates

19th October – 30th October: Half-term break
Monday 2nd November: school starts at 9:55am
Friday 13th November: INSET Day– school closed to students
Thursday 10th December: Late start for all pupils – school starts at 9.55am
Friday 18th December: Early finish – school ends at approximately 12:20pm

PSHE - what's coming up?

Year 7's PSHE topic is about being a good citizen. They will be learning about environmental responsibility and sustainability alongside global citizenship. The full PSHE curriculum can be accessed here: Nonsuch High School for Girls - PSHE Years 7-13

Useful information

- Leave of absence requests for one day of absence should be made **at least two full school days** in advance of the event. Requests for longer leave of absence (more than one day) must be made **at least two weeks in advance**.
- For more information, visit Reporting your child's absence from school

Year 7's attendance in currently 98.9 and a remarkable 181 students have over 99% attendance. Keep it up, Year 7! Good attendance is crucial for your child's education, development, and wellbeing. We encourage all parents to consult the official NHS "Is my child too ill for school?" guidance when unsure, and to contact the school if you need further advice or support.

Congratulations to...

Year 7!

The students have enjoyed a range of team-building activities, including constructing spaghetti towers and taking part in our House Balloon Assembly. These experiences have encouraged teamwork, communication and problem-solving, while helping students build new friendships and feel part of our school community. It has been wonderful to see their confidence grow as they begin their Year 7 journey.





Please do let us know about any achievements, awards or accomplishments your daughter has earned outside of school. We would be delighted to recognise and celebrate her success in our newsletter.

Pastoral support resources



Pastoral support

We have a range of support services available in school to help your child should they need some extra support. These include a school counsellor, ELSA, pastoral support officer, mental health champions and peer mentors. Please contact your child's Head of Year directly should you have any concerns.

TALK TO US OFF THE RECORD

Off The Record

At our free online workshops we share practical tips and info about issues you might be struggling with and there is also the opportunity to meet other young people and share ideas in a safe and confidential chat room and Zoom (there is no pressure to appear on camera)

Education Wellbeing Service

Children's and Young People's Wellbeing Service

The South West London and St Georges Mental Health Education Wellbeing Service offers parent webinars across the year to help support your teen's wellbeing and mental health. Sign up here

They also have a very helpful YouTube channel with videos on a number of different topics surrounding young people's mental health.