October 2026

Year 10 newsletter

Dear parents and carers,

Year 10 have had a fantastic first half term. The girls have come back focused and genuinely motivated for their GCSEs, and it has been a pleasure to see them settle into this important stage so positively. They have developed some really good revision habits this term, which will stand them in great stead.

*We have awarded **Golden tickets** in our rewards assembly to girls who have gone above and beyond this half term. The form of the half term is 10 Neptune, with **98.2% attendance** and only 7 lates. Congratulations! 10 Neptune will enjoy a celebration breakfast on the Friday after half term. A brilliant effort, girls! Year 10 also took part in P4C (Philosophy for Children): student-led discussions building confidence in reasoning and respectfully challenging ideas.*

Attendance across the year group has been excellent. Being in school every day makes a real difference in a GCSE year. If your daughter is absent, please let the school know on each day of absence. Punctuality is the area we need to improve. Please help your daughter arrive on time every morning. Thank you for your continued support. I wish you a relaxing half-term break.

Warm regards,
Ms K Toplica, Head of Year 10

Key dates

19th October – 30th October: Half-term break
Monday 2nd November: school starts at 9:55am
Friday 13th November: INSET Day– school closed to students
Thursday 10th December: Late start for all pupils – school starts at 9.55am
Friday 18th December: Early finish – school ends at approximately 12:20pm

Useful information

- Leave of absence requests for one day of absence should be made **at least two full school days** in advance of the event. Requests for longer leave of absence (more than one day) must be made **at least two weeks in advance**.
- *For more information, visit* Reporting your child's absence from school

PSHE sessions

Our upcoming PSHE unit is Relationships and Sex Education (RSE). Topics include:

- Coercive control: controlling behaviour in relationships and its warning signs.
- Contraception: preventing pregnancy and protecting sexual health, with an external speaker.
- Miscarriage, unplanned pregnancy and abortion: key facts, emotional impact and support.
- Neglect: recognising when a child or vulnerable person's basic needs are not being met.
- Sexual exploitation and violence: grooming, the law and where to get help.

Year group notice

RSE: some topics are sensitive, so please talk them through with your daughter at home and contact her form tutor with any questions.

Year group attendance is 97.7% with 130 girls with 100% attendance. Lates this term: 99 - let's improve! Good attendance is crucial for your child's education, development, and wellbeing. We encourage all parents to consult the official NHS "Is my child too ill for school?" guidance when unsure, and to contact the school if you need further advice or support.

Pastoral support resources



Pastoral support

We have a range of support services available in school to help your child should they need some extra support. These include a school counsellor, ELSA, pastoral support officer, mental health champions and peer mentors. Please contact your child's Head of Year directly should you have any concerns.

TALK TO US
OFF THE RECORD

Off The Record

At our free online workshops we share practical tips and info about issues you might be struggling with and there is also the opportunity to meet other young people and share ideas in a safe and confidential chat room and Zoom (there is no pressure to appear on camera)

Education Wellbeing Service

Children's and Young People's Wellbeing Service

The South West London and St Georges Mental Health Education Wellbeing Service offers parent webinars across the year to help support your teen's wellbeing and mental health. Sign up here

They also have a very helpful YouTube channel with videos on a number of different topics surrounding young people's mental health.