

Subject: GCSE PHYSICAL EDUCATION
Examination Board: AQA
Syllabus: Physical Education

<p><u>Paper 1:</u> The human body and movement in physical activity and sport</p>	<p><u>Paper 2:</u> Socio-cultural influences and well-being in physical activity and sport</p>	<p><u>Non-exam assessment:</u> Practical performance in physical activity and sport</p>
<p>What's assessed</p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Movement analysis • Physical training • Use of data 	<p>What's assessed</p> <ul style="list-style-type: none"> • Sports psychology • Socio-cultural influences • Health, fitness and well-being • Use of data 	<p>What's assessed</p> <ul style="list-style-type: none"> • Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity). • Analysis and evaluation of performance to bring about improvement in one activity.
<p>How it's assessed</p> <ul style="list-style-type: none"> • Written exam: 1 hour 15 minutes • 78 marks • 30% of GCSE 	<p>How it's assessed</p> <ul style="list-style-type: none"> • Written exam: 1 hour 15 minutes • 78 marks • 30% of GCSE 	<p>How it's assessed</p> <ul style="list-style-type: none"> • Assessed by teachers • Moderated by AQA • 100 marks • 40% of GCSE
<p>Questions</p> <ul style="list-style-type: none"> • Answer all questions. • A mixture of multiple choice/objective test questions, short answer questions and extended answer questions. 	<p>Questions</p> <ul style="list-style-type: none"> • Answer all questions. • A mixture of multiple choice/objective test questions, short answer questions and extended answer questions. 	<p>Questions</p> <ul style="list-style-type: none"> • For each of your three activities, you will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity). • Students will be assessed on their analysis (15 marks) and evaluation (10 marks) of performance to bring about improvement in one activity.

Practical (Non-Exam Assessment):

Over the course of the GCSE we will offer 3 practical activities within PE lessons. These may include trampolining, football, netball and athletics. Students may also be assessed in additional practical activities should they perform them outside of school to a high standard, for example, horse riding, gymnastics or skiing. At the end of the course, the PE staff will select your daughter's 3 highest scoring practicals and put them forward for assessment.

Skills Developed:

The PE specification is designed to develop candidates' knowledge and understanding of factors that affect performance and participation in physical activities. They should know and understand what these factors are and be able to explain and discuss how and why they affect performance.

Support Material:

- AQA website - www.aqa.org.uk. You may find it useful to download specifications for the sport(s) in which your daughter may wish to be assessed outside of school.
- BBC Sport Website

What you could do to support your daughter:

It is strongly recommended that your daughter attends the relevant extra-curricular clubs both at school and externally as this will be essential in order to maximise her mark. If your daughter participates regularly in another activity please inform the PE staff at the start of Year 10 so that an assessment can be arranged.

For activities that are not being assessed within school your daughter will need to provide DVD evidence of her performance. Parents often find themselves behind the camera at evenings and weekends so it would be helpful to discuss with your daughter the requirements so that she can maximise her grade. All of the necessary information will be passed on to her.