

PASTORAL UPDATES

MONDAY JUNE 16TH

PSHE (including RSE) regular update

Personal, Social, and Health Education (PSHE) is a non-statutory but important and necessary part of all pupils' education (Department for Education, 2020). We hope that you find the regular updates on what we have covered in our PSHE sessions for Years 7-13 useful and that you engage with the content and discuss this with your child and family. For further information about what is being taught this term please visit our [school website](#). If you have any questions about any aspect of PSHE please contact your child's Head of Year.

What have students been taught in PSHE this week?

(lesson Wednesday, June 11th)

Year 7: How can we overcome challenges and fears? In this lesson, students consider the skills and attributes that employers' value. They consider how to challenge career stereotypes and the importance of having aspirations. They will identify challenges that they might encounter in the workplace and plan how to overcome those challenges.

Year 8: Students are assembling care boxes to be shared with local care homes as a gesture of support and kindness

Year 9: Year 9 have a Philosophy for Children session delivered by trained Year 12 Ambassadors. The topic for discussion is 'Personal Safety' and the sessions are facilitated by Year 12s, but the content is created by the forms, with prompts from the sixth formers. It is an organic lesson that takes its shape as the session progresses, and the class select the final question to discuss in a safe environment, developing their listening, philosophy and oracy skills.

Year 10: The Electoral System. In this lesson, students will continue to develop their understanding of how the electoral system functions in the UK and understand the importance of having laws. Students will learn why laws are made, how they are changed and understand the role that parliament plays in passing new laws

Year 11: Study Leave

Year 12: Personal statement support – students are given individualised support and feedback whilst writing their first draft of their personal statement

Year 13: Study Leave

Pastoral support

We have a range of support services available in school to help your child should they need some extra support.

These include a school counsellor, ELSA, pastoral support officer, mental health champions and peer mentors. Please contact your child's Head of Year directly should you have any concerns.

Pastoral support resources

Off The Record

At our [free online workshops](#) we share practical tips and info about issues you might be struggling with and there is also the opportunity to meet other young people and share ideas in a safe and confidential chat room and Zoom (there is no pressure to appear on camera)

Children's and Young People's Wellbeing Service

The South West London and St Georges Mental Health Education Wellbeing Service offers parent webinars across the year to help support your teen's wellbeing and mental health. [Sign up here](#)
They also have a very helpful [YouTube channel](#) with videos on a number of different topics surrounding young people's mental health.

