

NONSUCH PTA NEWS

Supporting our daughters and our school



@nonsuchpta



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Happy
* new *
Year

Nonsuch High PTA hopes the holiday break was festive, restorative, and simply joyful in every way. We appreciate the commitment, spirit, and support of the Nonsuch High Community and we are honored to work with you all. We are very excited and look forward to getting back into organising fundraising activities for our girls.

Join us at the next PTA meeting

Our next online meeting is on **Wednesday 1 February 2023** at 7 pm. Please drop us an email at pta@nonsuchschool.org if you would like an invite. We would encourage people to join the meeting, especially those who are considering becoming part of the committee or our volunteer group. The PTA relies on committee members and volunteers to be able to organise and run events which help with fundraising. We are also looking for people who can help with social media. Joining the PTA has many benefits including making new friends by working alongside other volunteers and committee members. You will get a chance to learn new skills whilst knowing you have made a contribution that will have a positive impact for all our daughters.

FEATURES AND USEFUL LINKS

[Buy Christmas Raffle Tickets](#)

[Donate to the PTA online](#) ★

[PTA Volunteer Sign Up](#)

[Amazon Smile](#)

[easyFundraising](#)

[PTA Annual Accounts 2021-22](#)

[PTA 200 Club form](#)

[Classlist](#)

Our Friends:

[Cheam Cricket Club](#)

[Cheam Hockey Club](#)

[Sutton and Epsom Rugby Club](#)

PTA PRELOVED UNIFORM



Please note that our preloved uniform service is now open - [fill in this online form to order](#)



Andrews Estate Agent in Cheam Village our PTA Newsletter Sponsor

200+ CLUB WINNERS

Winners list for November 2022.

Names anonymised

1st prize - CC (No.232) £105

2nd prize - SG (No.123) £55

3rd prize - AK (No. 1) £15

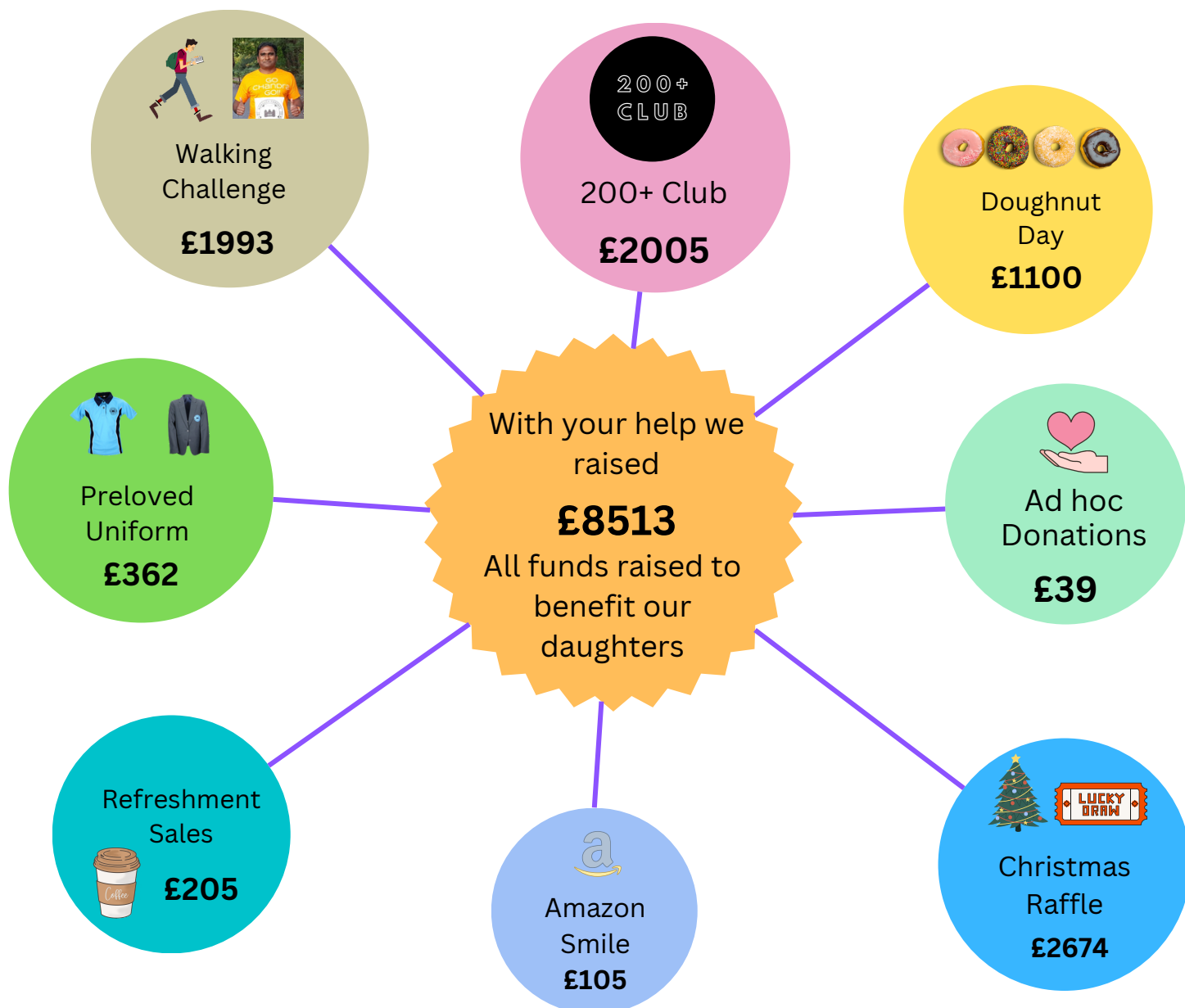
PTA TEAM



**ALL MONEY RAISED
GOES TO BENEFIT OUR
DAUGHTERS**

PTA Fundraising Update 2022-2023

With your help, the PTA has managed to raise £8,000 in income in the first term of this academic year. The key drivers for this were Chandra's walking challenge and the Christmas raffle, both were tremendously successful. We also ran a Krispy Kreme doughnut day where we sold 1200 doughnuts. This was very popular with pupils. The 200+ Club is still our bread and butter earning £2005. Preloved uniform continues to be a solid revenue stream for the PTA with £362 taken. The preloved uniform also provides much-needed uniform to the parent and carer community at an affordable price whilst also encouraging recycling where some uniform would end up in landfill. The PTA Refreshments stall took £205 at the Christmas concert. More and more parents and carers are using Amazon smile when shopping online with Amazon so the PTA earns money for each purchase made - Keep it up!



VOLUNTEER WITH US



Volunteer with the PTA on an ad-hoc basis whenever you want to without a regular commitment. Contact us on pta@nonsuchschool.org and join our friendly team on our journey to help enrich our daughters' education. The PTA depends on a large team of volunteers to help run events.



Thank you to the outgoing PTA secretary and welcome to the new secretary.

Many thanks to **Chandra Hughes** who has served as PTA secretary for the last 2 years. PTA secretary is one of the important committee roles of all, and you performed with dedication and tenacity. Thank you for taking the time to write meeting agendas and minutes, tracking actions and sharing information with us. We are delighted to announce that Adam, who is a year 7 parent, joined the Committee and will serve as the new PTA secretary. Welcome **Adam**



Meet the PTA - Adam Taylor



Adam joined the PTA in 2022. He has a daughter in Year 7. Adam works for an IT Consultancy as a Scrum Master (a sort of an organisation work coach), working with a large financial institution. Outside of work Adam volunteers as a reader at his son's primary school and as an adult leader with Beaver Scouts. He enjoys walking his dog, Argo, and relaxing at the gym.

Upcoming Fundraising Events 2023

Event	Date
PTA monthly meeting	1 February 2023
School Production PTA refreshments	22-24 February 2023
PTA monthly Meeting	1st March 2023
Gym & Dance Display PTA refreshments	15-16 March 2023
Spring Concert PTA refreshments	16 March 2023
Doughnut Day	March 2023
Quiz Night	March TBC
PTA Monthly Meeting	3rd May 2023
Summer Concert refreshments	June TBC
PTA Monthly Meeting	7 June 2023
Year 7 Welcome event	2 July 2023
PTA Monthly Meeting	5 July 2023
Year 5 Open Evening PTA refreshments	13 July 2023
Year 13 Leavers Breakfast	July TBC
School Birthday Doughnut Sale	14 July 2023

How can you help the PTA? (Not in any order)

- Please join the PTA Committee. Email PTA@nonsuchschool.org
- Please join our volunteer group – to help during events and preloved uniform sale.
- [Click here](#) to subscribe to the 200 Club Draw.
- Sign up for the online shopping affiliates – Easyfundraising and Amazon Smile
- Donate old uniforms (Please wash before donating and mention the size) that are in good condition
- Follow us on Twitter - twitter.com/NonsuchPTA and Facebook - fb.com/nonsuchhighschoolpta

Other FAQs

How to contact us? Please join [Classlist](#) or email us at PTA@nonsuchschool.org.uk. Where do we meet? We meet virtually every first Wednesday of the month during term time.

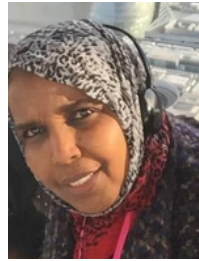
Who are the committee members? Please [click here](#) to find out more.

Where can I find the Annual Report and newsletters? They are on the school website [here](#).

The PTA would love to hear from you and help us build a lovely parent community. Thank you once again.

Ipshita Chatterjee (PTA Chair)

Is the information on the internet improving our children's intelligence or is it an immoral platform destroying the youth's innocence?



This article is written by a parent, Sakhiya Salad, who has a daughter in year 8 at Nonsuch

Research shows that 53% of children in the UK own a mobile phone by age seven. 57% of respondents sleep with their mobile devices beside their bed.

Parents often ask themselves, should I allow my teen to spend time browsing the Internet and sign up on social media platforms?

This depends on the age of the child and the social platform's age restriction. Both Internet and social media could be used positively by young people. There are many benefits of children using the Internet and Social media. Spending some time online is crucial for the digital generation to access homework online, researching for school project and most importantly for them to stay connected with friends. Imagine a world without the Internet during lockdown. How else would we have communicated and connected to family and friends? How could we possibly have entertained these little minions confined inside our homes 24/7? Young people can collaborate and learn in a more peer-based method where they are motivated to learn from each other. Learning can now come from newer sources and not just from parents or teachers. Even they pick up some skills from playing games moderately. It is said that playing video games improves hand-eye coordination. It is also a sense of escapism from school work and having an hour break after school could be harmless.

However, we know that excessive playing can lead to addiction which can ultimately cause mental illness and eating disorder. Spending long time in front of any device could be detrimental and can cause eye astigmatism to anyone. Too much media can certainly interfere with children's daily lives such as getting enough exercise, completing homework, spending time with family and socialising with friends face to face. Information overload, fake news and misinformation is another area of concern. But most significantly meeting catfishes, talking to strangers and pornography are some of the most harmful.

How do we balance giving access and at the same time setting limits?

This is an absolutely individual family decision. Nevertheless, most parents do feel setting screen time limits and setting privacy measures on social media is crucial. Schools do some of the parenting for us as they learn about Internet Safety and Bullying online. However, monitoring our children at home especially young ones and teens is vital for their health and safety.

Some may argue that this is a privacy intrusion against children's rights. Others may say this is not about being intrusive and reading every message between young people, but more about monitoring your child's safety. Snapchat for example lets parents monitor who their child is talking to. Monitoring alone is not helpful if your child doesn't understand the consequences. Having conversations with young people about the dangers out will help in keeping them safe.

I once came across an article that says "Parents of the social media generation are not OK". This grabbed my attention and it made me reflect on how my generation did not grow up with spending their childhood with social media apps and are now struggling to understand and navigate the potential harms that social media can have on their kids' mental health as they grow up. I mean, the Internet did not come with a manual or instruction book and nor did our children. Google's Family Link and Microsoft Family Safety apps are free and great examples of many applications that enable parents to set screen time limits and age restrictions on children devices.

Why tech inventors do not let their kids use the gadgets and apps they develop?

Many parents were furious when the late Steve jobs declared publicly that his kids don't use the iPad he created and that he set strict on-screen time limits for his children. The question comes on your mind is then why it is advertised as a child friendly device? He is not alone. Lots of Silicon Valley parents discourage the use of devices beyond necessity and prefer physical activity, reading, art and experiential learning for their kids. Bill Gates, the founder of Microsoft didn't let his kids get mobile phones until they turned 14. What do we learn from this as parents?


To conclude there are benefits and drawbacks of the use technology overall and parents need to balance between allow their children to make good use of technology while protecting them from dangerous materials.



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The PTA wishes to thank all members of the parent and carer community who have been using Amazon Smile. Stats show us that 154 parents/carers have been using Amazon smile to raise funds for Nonsuch PTA. In the month of December alone and 291 purchases were made using Amazon Smile. In the last 7 days 77 purchases were made. Please continue to use smile.amazon.co.uk - every bit helps.

£105 raised so far in 2022-2023



Support Nonsuch PTA through your amazon smile shopping

Visit smile.amazon.co.uk

Log in to your Amazon account (or set up an account if you are new to Amazon.co.uk) and search for Nonsuch High PTA in the 'Pick your own charity' search bar
Select Nonsuch High PTA

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The Nonsuch High School PTA would be very grateful to receive donations of good quality, clean and current uniform items. As you know, all proceeds from uniform sales are donated back to the school to fund a variety of projects across different departments.

- Almost all items (except coats) have been washed, but some late donations may not have been laundered
- Uniform has been stored in bags and therefore may require “freshening up”
- All items are sold as seen.
- Some items will have embroidery, so please unpick and rename.
- All payments must be made electronically. A payment link (from our online payment system) for your purchases will be sent to your mobile phone via SMS
- **Please fill out this online form for preloved uniform requests.** Please let us know the size you wish to purchase, and we will email back within a few days.

Item	Bought New	Preloved uniform price
Blazer	£35.50	£20.00
Trim Pullover	£17.75	£7.50
Trousers	£35.00	£20.00
Kilt	£35.00	£20.00
Overall	£18.00	£6.00
76cm Food Apron	£11.50	£4.00
92cm Food Apron	£12.50	£4.00
PE polo Shirt	£25.00	£5.00
PE Tracksuit Top	£40.00	£10.00
Pe Fleece	£40.00	£10.00
PE Skort	£22.50	£5.00
PE Shorts	£23.00	£5.00
PE Base Layer	£27.00	£5.00
PE Tracksuit bottoms	£29.00	£10.00
PE Football socks	£6.00	£1.00
PE Swim cap	£6.50	£1.00
PE Holdall	£25.00	£5.00